



First Aid NZ Ltd Phone 09 480 0182

Please note courses may be cancelled if minimum numbers are not met.

**2026 Workplace First Aid Level 2 (both days)  
Workplace First Aid Express level 1 (day one only)**

- West:** Te Atatu Peninsula Community Centre, 595 Te Atatu Road, Te Atatu Peninsula  
Some parking available
- North:** Milford Cruising Club, 24 Craig Road, Milford. Street parking available
- South:** TBA
- East:** Pakuranga Tennis Club, 101 Pigeon Mountain Road Pakuranga.  
There is parking in Gill Road, opposite the tennis club, by the reserve.
- Central:** Epsom Community Centre, 202 Gillies Ave, Epsom. Parking available

**COURSE TIMES ARE 9.30-4.30PM APPROXIMATELY (unless advised otherwise)**

	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
<b>West</b>	14 <sup>th</sup> & 15 <sup>th</sup> Tues & Wed	4 <sup>th</sup> & 5 <sup>th</sup> Tues & Wed	1 <sup>st</sup> & 2 <sup>nd</sup> Tues & Wed	6 <sup>th</sup> & 7 <sup>th</sup> Tues & Wed	10 <sup>th</sup> & 11 <sup>th</sup> Tues & Wed	8 <sup>th</sup> & 9 <sup>th</sup> Tues & Wed
<b>North</b>	6 <sup>th</sup> & 7 <sup>th</sup> Mon & Tues	10 <sup>th</sup> & 11 <sup>th</sup> Mon & Tues	7 <sup>th</sup> & 8 <sup>th</sup> Mon & Tues	12 <sup>th</sup> & 13 <sup>th</sup> Mon & Tues	3 <sup>rd</sup> & 4 <sup>th</sup> Tues & Wed	1 <sup>st</sup> & 2 <sup>nd</sup> Tues & Wed
<b>South</b>	TBA	TBA	TBA	TBA	TBA	TBA
<b>East</b>	-	20 <sup>th</sup> & 21 <sup>st</sup> Thurs & Fri	-	-	19 <sup>th</sup> & 20 <sup>th</sup> Thurs & Fri	-
<b>Central</b>	1 <sup>st</sup> & 8 <sup>th</sup> Wed & Wed	12 <sup>th</sup> & 19 <sup>th</sup> Wed & Wed	9 <sup>th</sup> & 16 <sup>th</sup> Wed & Wed	14 <sup>th</sup> & 21 <sup>st</sup> Wed & Wed	11 <sup>th</sup> & 18 <sup>th</sup> Wed & Wed	16 <sup>th</sup> Wed

For bookings please email us on [helen@firstaidnz.co.nz](mailto:helen@firstaidnz.co.nz). We will send you a confirmation letter approx 7 days prior to your course this will have more details regarding the venue, **it is very important if you do not receive this letter to contact us.**

**Lunch is not provided on courses.**