



First Aid NZ Ltd Phone 09 480 0182
 Please note courses may be cancelled if minimum numbers are not met.

2026 Workplace First Aid Refresher July - December

Course Locations	
West:	Te Atatu Peninsula Community Centre, 595 Te Atatu Road, Te Atatu Peninsula. Some parking available.
North:	Milford Cruising Club, 24 Craig Road, Milford. Street parking available.
South:	Electrical Industry Training Building, 501F Mt Wellington Highway (entry of Vestey Drive), Mt Wellington. Parking is available (Course starts 9.00am-4.00pm)
East:	Pakuranga Tennis Club, 101 Pigeon Mountain Road Pakuranga. There is parking in Gill Road, which is opposite the tennis club by the reserve.
Central:	Epsom Community Centre, 202 Gillies Ave, Epsom. Parking available.
 COURSE TIMES ARE 9.30-4.00PM APPROXIMATELY (unless advised otherwise)	

	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
West	Fri 3 rd	Fri 14 th	Fri 11 th	Fri 9 th	Fri 13 th	Tues 8 th
North	Mon 13 th	Tues 18 th	Tues 15 th	Mon 19 th	Mon 16 th	Mon 14 th
South	Thurs 9 th	Fri 7 th	Thurs 3 rd	Fri 2 nd	Mon 2 nd	Thurs 3 rd
East	-	Thurs 20 th	-	-	Thurs 19 th	
Central	Wed 1 st	Wed 12 th	Wed 9 th	Wed 14 th	Wed 11 th	Wed 16 th

For bookings please email us on helen@firstaidnz.co.nz. We will send you a confirmation letter approx 7 days prior to your course this will have more details regarding the venue, **it is very important if you do not receive this letter to contact us.**

Lunch is not provided on courses.