

First Aid (NZ) Ltd Phone 09 480 0182 Email helen@firstaidnz.co.nz

Please note courses will be cancelled if minimum numbers are not met.

2026 Workplace First Aid Level 2 (both days) Workplace First Aid Express level 1 (day one only)

West: Te Atatu Peninsula Community Centre, 595 Te Atatu Road, Te Atatu Peninsula

Some parking available

North: Milford Cruising Club, 24 Craig Road, Milford. Street parking available

South: Electrical Industry Training Building, 501F Mt Wellington Highway (entry of Vestey

Drive), Mt Wellington. Parking is available

East: Pakuranga Tennis Club, 101 Pigeon Mountain Road Pakuranga.

There is parking in Gill Road, opposite the tennis club, by the reserve.

Central: Epsom Community Centre, 202 Gillies Ave, Epsom. Parking available

COURSE TIMES ARE 9.30-4.30PM APPROXIMATELY (unless advised otherwise)

| | JANUARY | FEBRUARY | MARCH | APRIL | MAY | JUNE |
|---------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| | 29 th & 30 th | | 30 th & 31 st | 7 th & 14 th | 4 th & 5 th | 12 th & 19 th |
| West | Thurs & Fri | - | Mon & Tues | Tues & Tues | Mon & Tues | Fri & Fri |
| | 19 th & 20 th | 23 rd & 24 th | 23 rd & 24 th | 20 th & 21 st | 18 th & 19 th | 15 th & 16 th |
| North | Mon & Tues |
| | 22 nd & 23 rd | 19 th & 20 th | 19 th & 20 th | 23 rd & 24 th | 20 th & 21 st | 22 nd & 23 rd |
| South | Thurs & Fri | Thurs & Fri | Thurs & Fri | Thurs & Fri | Wed & Thurs | Mon & Tues |
| | | 12 th & 13 th | | | 7 th & 8 th | |
| East | - | Thurs & Fri | - | - | Thurs & Fri | - |
| | | 4 th & 11 th | 11 th & 18 th | 15 th & 22 nd | 6 th & 13 th | 10 th & 17 th |
| Central | - | Wed & Wed |

For bookings please email us on helen@firstaidnz.co.nz. We will send you a confirmation letter approx. 7 days prior to your course this will have more details regarding the venue, it is very important if you do not receive this letter to contact us.

Lunch is not provided on courses.