



First Aid (NZ) Ltd Phone 09 480 0182

Email helen@firstaidnz.co.nz

Please note courses will be cancelled if minimum numbers are not met.

2026 Workplace First Aid Level 2 (both days) Workplace First Aid Express level 1 (day one only)

- West:** Te Atatu Peninsula Community Centre, 595 Te Atatu Road, Te Atatu Peninsula
Some parking available
- North:** Milford Cruising Club, 24 Craig Road, Milford. Street parking available
- South:** Electrical Industry Training Building, 501F Mt Wellington Highway (entry of Vestey Drive), Mt Wellington. Parking is available (Course starts 9.00am-4.00pm)
- East:** Pakuranga Tennis Club, 101 Pigeon Mountain Road Pakuranga.
There is parking in Gill Road, opposite the tennis club, by the reserve.
- Central:** Epsom Community Centre, 202 Gillies Ave, Epsom. Parking available

COURSE TIMES ARE 9.30-4.30PM APPROXIMATELY (unless advised otherwise)

	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
West	29 th & 30 th Thurs & Fri	-	30 th & 31 st Mon & Tues	7 th & 14 th Tues & Tues	4 th & 5 th Mon & Tues	12 th & 19 th Fri & Fri
North	19 th & 20 th Mon & Tues	23 rd & 24 th Mon & Tues	23 rd & 24 th Mon & Tues	20 th & 21 st Mon & Tues	18 th & 19 th Mon & Tues	15 th & 16 th Mon & Tues
South	22 nd & 23 rd Thurs & Fri	19 th & 20 th Thurs & Fri	19 th & 20 th Thurs & Fri	23 rd & 24 th Thurs & Fri	20 th & 21 st Wed & Thurs	22 nd & 23 rd Mon & Tues
East	-	12 th & 13 th Thurs & Fri	-	-	7 th & 8 th Thurs & Fri	-
Central	-	4 th & 11 th Wed & Wed	11 th & 18 th Wed & Wed	15 th & 22 nd Wed & Wed	6 th & 13 th Wed & Wed	10 th & 17 th Wed & Wed

For bookings please email us on helen@firstaidnz.co.nz. We will send you a confirmation letter approx. 7 days prior to your course this will have more details regarding the venue, **it is very important if you do not receive this letter to contact us.**

Lunch is not provided on courses.