First Aid NZ Ltd Phone 09 480 0182

Please note courses may be cancelled if minimum numbers are not met.

2026 Workplace First Aid Refresher July - December

Course Locations

West: Te Atatu Peninsula Community Centre, 595 Te Atatu Road, Te Atatu Peninsula. Some parking available.

North: Milford Cruising Club, 24 Craig Road, Milford. Street parking available.

South: Electrical Industry Training Building, 501F Mt Wellington Highway (entry of Vestey Drive), Mt Wellington. Parking is available (Course starts 9.00am-4.00pm)

East: Pakuranga Tennis Club, 101 Pigeon Mountain Road Pakuranga. There is parking in Gill Road, which is opposite the tennis club by the reserve.

Central: Epsom Community Centre, 202 Gillies Ave, Epsom. Parking available.

COURSE TIMES ARE 9.30-4.00PM APPROXIMATELY (unless advised otherwise)

	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
West	Fri 3rd	Fri 14th	Fri 11th	Fri 9th	Fri 13th	Tues 8th
North	Mon 13th	Tues 18th	Tues 15th	Mon 19th	Mon 9th & Mon 16th	Mon 14th
South	Thurs 9th	Fri 7th	Thurs 3rd	Fri 2nd	Mon 2nd	Thurs 3rd
East	-	Thurs 20th	-	-	Thurs 19th	
Central	Wed 1st	Wed 12th	Wed 9th	Wed 14th & Thurs 29th	Wed 11th	Wed 16th

For bookings please email us on helen@firstaidnz.co.nz. We will send you a confirmation letter approx 7 days prior to your course this will have more details regarding the venue, **it is very important if you do not receive this letter to contact us.**

Lunch is not provided on courses.