



First Aid NZ Ltd Phone 09 480 0182

Email helen@firstaidnz.co.nz

Please note courses will be cancelled if minimum numbers are not met.

2026 Workplace First Aid Refresher

Course Locations

- West:** Te Atatu Peninsula Community Centre, 595 Te Atatu Road, Te Atatu Peninsula. Some parking available.
- North:** Milford Cruising Club, 24 Craig Road, Milford. Street parking available.
- South:** Electrical Industry Training Building, 501F Mt Wellington Highway (entry of Vestey Drive), Mt Wellington. Parking is available.
- East:** Pakuranga Tennis Club, 101 Pigeon Mountain Road Pakuranga. There is parking in Gill Road, which is opposite the tennis club by the reserve.
- Central:** Epsom Community Centre, 202 Gillies Ave, Epsom. Parking available.

COURSE TIMES ARE 9.30-4.00PM APPROXIMATELY (unless advised otherwise)

	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
West	Thurs 29 th	Tues 17 th	Fri 13 th	Fri 17 th	Fri 15 th	Fri 12 th
North	Mon 19 th	Mon 16 th	Mon 16 th	Wed 8 th	Mon 11 th	Wed 3 rd
South	Thurs 22 nd	Tues 10 th	Tues 10 th	Mon 13 th	Tues 12 th	Tues 9 th
East	-	Thurs 12 th	-	-	Thurs 7 th	-
Central	-	Wed 4 th	Wed 11 th	Wed 15 th	Wed 6 th	Wed 10 th

For bookings please email us on helen@firstaidnz.co.nz. We will send you a confirmation letter approx. 7 days prior to your course this will have more details regarding the venue, **it is very important if you do not receive this letter to contact us.**

Lunch is not provided on courses; during breaks we will provide tea and coffee